

EKIZLIJSKO HORO  
(Bulgaria)

A dance from the village of Ekizlija, eastern Thrace, Bulgaria. Svjatko Vassilev taught this version of Ekizlijsko Horo for the first time at a teaching tour in the Netherlands in the late sixties. It belongs to the basic dance repertoire for teachers and schools in Bulgaria and is described in the more widely used Bulgarian dance manuals.

Pronunciation:

Record: LP "Folk Dances from Bulgaria-3" by Jaap Leegwater  
JL 1985.01 Side A/2 2/4 meter

Formation: Medium length lines. Belt hold, L arm over.

Style: Trakiisko, slight knee bend pos, body straight.

Meas

Pattern

8 meas Introduction.

I. BASIC "CHORUS STEP"

- 1 Facing ctr, moving sdwd R, leap onto R ft (ct 1); leap onto L ft across behind R ft (ct 2).  
2 Leap onto R ft (ct 1); leap onto L ft across in front of R ft (ct 2).  
3 Repeat meas 1.  
4 Step on R ft (ct 1); hop on R, kicking L leg fwd (ct 2).  
5-8 Repeat meas 1-4 with opp ftwk and direction.

II. "THREE-STEP"

- 1 Facing ctr, moving sdwd R, leap onto R ft (ct 1); leap onto L ft across behind R ft (ct 2).  
2 Step on R ft (ct 1); hop on R kicking L leg fwd (ct 2)  
3-4 Repeat meas 1-2 with opp ftwk and direction.  
5-6 Repeat meas 1-2.  
7 Repeat meas 1.  
8 "Flat" three step on whole ft (LRL) bending body at waist (cts 1,&,2).

III. "LEAP AND STEP"

- 1-7 Repeat meas 1-7, Fig II.  
8 Low leap onto R ft (ct 1); slap L ft with straight L leg in front, bending body at waist (ct 2).

IV. "DROBINKA"

- 1-6 Repeat meas 1-6, Fig II. N.B. Lift R ft, heel turned out off the floor on ct 2 of meas 6.  
7 Stamp on L ft fwd (ct 1); fall back on R ft behind L ft (ct 2); scuff with L ft fwd (ct &).  
8 Step on L ft fwd (ct 1); čukće (low hop) on L ft (ct 2).

After having done Fig IV, perform the beg of the Chorus Step slightly diag R bkwd. Alternate Fig II, III, and IV with the Chorus Step.

Presented by Jaap Leegwater

Description by Jaap Leegwater

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